

special features

- › 24-hour nursing supervision and care.
- › 24-hour psychiatric and mental health consultation.
- › Staff trained in treatment of significant and long-term mental health issues.
- › Program consultation by a licensed clinician.
- › Integrated treatment planning process.
- › Dialectical Behavior Therapy (DBT) – individual and team approach.
- › Wellness Recovery Action Plan (WRAP).
- › Certified Peer Providers.
- › Dreamcatchers Empowerment Network’s vocational services as needed.
- › Psycho-educational groups, individual counseling and support.
- › Independent living skills training.
- › Dual-recovery training and support.
- › Motivational strategies to engage and continue engagement for this population.
- › Care and education for medical complexities not requiring skilled nursing.
- › Linkage to community supports.
- › Individualized recovery plans to achieve personal goals.
- › Wellness and fitness support.
- › Heart Healthy Diets.
- › Nutritional education, counseling and support.
- › Music, art, meditation and support for spirituality path.
- › Zumba groups.
- › Family support.
- › Discharge and transition planning to create and support movement as possible.

accreditation

Crestwood Behavioral Health Center Eureka is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). This accreditation requires a higher standard of care than the licensing standards in California. Crestwood believes this accreditation demonstrates our unwavering commitment to achieving and maintaining the highest level of care and rehabilitation.



Crestwood Behavioral Health Center Eureka

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Crestwood Behavioral Health Center Eureka



Crestwood Behavioral Health, Inc. complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-873-6239.

注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 1-844-873-6239。

Crestwood Behavioral Health, Inc.

has been providing residential mental health programs at its Eureka campus since 1979. The Crestwood Eureka campus is home to a mental health rehabilitation center, a social rehabilitation program, and a residential care campus for the elderly.

The focus of our programs centers on recognizing the unique gifts, interests and challenges of each person we serve, and supporting creativity, wellness and empowerment throughout their recovery journey. The campus location, in the heart of California's Redwood country, allows clients to tap into the mental health benefits that the surrounding beautiful and peaceful natural environment offers.

Our campus also has very active and empowering pre-vocational programs, through Dreamcatchers Empowerment Network and Industrial Therapy. Clients work in various positions at the campus, learning skills to prepare them for future employment, while gaining a sense of pride by contributing to their shared community.

Crestwood Eureka also serves as a training site for students pursuing various careers in the mental health field. Nursing (LVN & RN) students from the College of the Redwoods have access to Crestwood for their psych rotation, and we offer internship opportunities to Humboldt State University psychology and social work students.

programs



Crestwood Eureka MHRC

We offer the services of a mental health rehabilitation center (MHRC) in a very beautiful, warm, and homelike atmosphere. This program is designed to give staff the opportunity to work very closely with clients to set and achieve recovery goals. We use a variety of approaches to empower our clients, including earned passes into the community and varied group topics to teach and enhance recovery skills. Our recreation program also encourages empowerment through a range of recreation activities and outings. Our goal is to support the client in transitioning to a lower-level of care or returning to the community with solid tools for their success.



Pathways Adult Residential Campus and Social Rehabilitation Program

The Pathways program is an Adult Residential Campus and a Medi-Cal certified Social Rehabilitation program. The Social Rehab program is overseen by a Marriage and Family Therapist (MFT), and along with our Service Coordinators, provide a structured and engaging group schedule to teach and encourage recovery-based and independent living skills building. Our primary goal is to assist our clients in finding solutions to the barriers preventing them from living successfully in the community and attaining their personal life goals. Through the recovery process, we teach and encourage relationships with self, peers, the community, service providers, and family or chosen supports. It is through these various relationships that our clients find hope, strength, inspiration, mentors, allies and a sense of belonging.

