

Located in the heart of San Francisco, **Crestwood's Geary Stabilization Unit (SU)** provides a safe and warm place to land for those who are experiencing a mental health crisis. This is their first step on their road to recovery.

The Crestwood Geary SU is certified to serve 16 adult clients and is open 24-hours a day, 7-days a week and no appointment is necessary. The SU provides immediate care for people in the local community with urgent mental health needs.

Clients are welcomed into our safe, calming and homelike environment, where they receive compassionate recovery support from our diverse team of clinical staff who are trained in Trauma-Informed Approaches of care.

Our clients are provided with comprehensive mental health services and support for up to 23 hours. After which, they are referred to mental health services in the community that will best meet their needs, so that they may continue their recovery journey.

program



Stabilization Services

Crestwood's Stabilization Services program is based in a recovery-focused environment where adults in crisis are welcomed into a calm, warm, compassionate environment so that they may be assessed and provided mental health stabilization services, medication evaluation, management and linkages to a wide range of outpatient and inpatient mental health services.

Our compassionate and diverse clinical treatment team have been selected with a focus on **lived experience** and includes:

- › Peer Specialists
- › Licensed Clinicians
- › Psychiatrists
- › Nurse Practitioners
- › RNs, LVNs and LPTs
- › Service Coordinators
- › Recovery Coaches
- › Family Specialist



special features

- › Staff fully trained in Trauma-Informed Approaches.
- › Comprehensive Assessment.
- › Medication assessment, administration and management.
- › Wellness Recovery Action Plan (WRAP).
- › Dialectical Behavior Therapy (DBT) skills training.
- › Counseling from peers and trained staff.
- › Close observation and monitoring to determine need for further evaluation, hold or referrals.
- › Dual-recovery assessment, support, education and linkage.
- › Community services linkage and referrals for aftercare services.
- › Intensive discharge planning.
- › Cultural and linguistic competent services.
- › Spiritual support.
- › Yoga, meditation and relaxation education and support.
- › Creative arts resources and supports.
- › Nutritional training and individualized support.
- › Wellness counseling.
- › Natural daytime activities, television, newspapers.
- › A medical screening provided by nursing or mid-level staff to assess for a co-occurring medical/substance abuse condition and determine need for immediate medical care.
- › Active treatment and crisis intervention strategies to include utilization of a client’s community support system as it relates to family members and peers.
- › Referral and linkage to treatment including medical and mental health treatment.



Crestwood Geary Stabilization Unit

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San Francisco
Department of Public Health

Crestwood Behavioral Health, Inc. complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-873-6239.

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