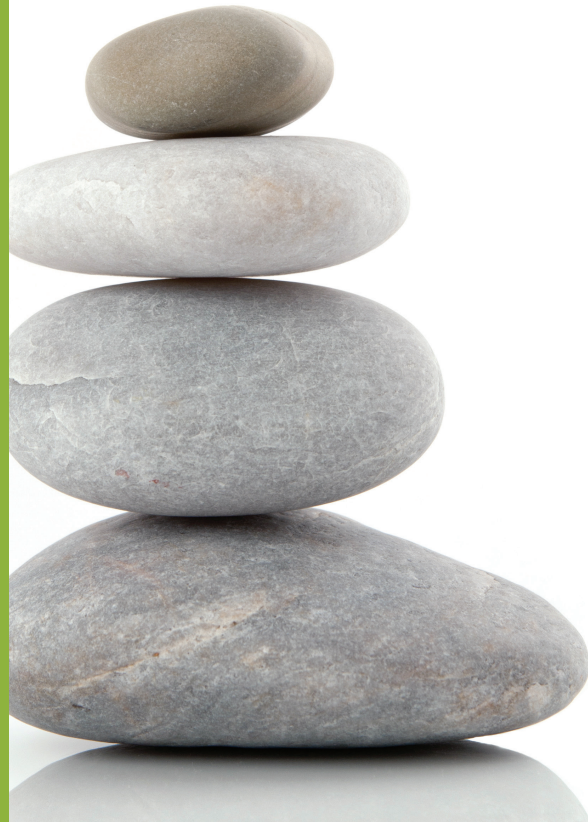


## special features

- › 24-hour Skilled Nursing Services
- › Full-Service Therapeutic Dietary Services
- › Social Services Team
- › Pet Therapy
- › Murals and Art Work
- › Program and Activity Teams
- › Organic Garden
- › Zumba Classes
- › Wellness Recovery Action Plan (WRAP) groups
- › Music Therapy
- › Laundry and Housekeeping Services
- › In-House Podiatry, Dental and Eye Care
- › Beautician Services
- › Psychiatric Services
- › LGBTQ Support Groups
- › Resident Trust
- › Non-Smoking Environment
- › Outside Patios
- › Outings in the Community
- › Resident Government
- › Individualized Care Plans
- › Trauma-Informed Care Groups with a Licensed Therapist
- › Dietary Services

## commitment

Assisting people to find their own path of recovery and highest possible level of independence is our utmost priority and it is a process we find extremely rewarding. Crestwood Manor is committed to providing an environment that inspires hope, dignity and respect to all of the persons we serve.



### Crestwood Manor

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## Crestwood Manor Fremont





**Crestwood Manor in Fremont** is a 126-bed Skilled Nursing Facility that provides 24-hour nursing services for individuals with medical and behavioral diagnoses. The campus has two units. The larger unit is a Skilled Nursing Facility program with 74 beds, and it is designed for residents with a primary medical diagnosis and/or dementia diagnosis, as well as behaviors that may prevent placement in a lower-level of care. The smaller unit has 52 beds and is a Special Treatment Program that is designed for individuals with a psychiatric diagnosis who may have a medical condition as well.

Crestwood Manor offers an array of groups and activities for our residents, including Zumba, Wellness Recovery Action Plan (WRAP) and art classes. We also provide full-service, therapeutic dietary services; laundry and housekeeping; as well as in-house podiatry, dental and eye care. Crestwood Manor creates a homelike environment for our residents, along with pet therapy, a large organic garden and serenity rooms furnished with plush couches, books and a television as well as individualized care plans.

## program



### Skilled Nursing Facility/Special Treatment Program

Our Skilled Nursing Facility (SNF) program is designed to care for residents with a primary medical diagnosis (because we are not Medicare certified each person will be considered individually to ensure we can provide the proper level of medical care needed) and/or dementia, as well as behaviors that may prevent placement in a lower-level of care. The focus of this program is to provide our residents with the highest quality of life and encouraging them to attain their highest level of functioning. Our SNF provides an assortment of groups for our residents such as personal care, exercise, banking and aroma therapy.

Our Special Treatment Program (STP) is designed to provide the skills necessary to residents so they can maintain or improve their current level of functioning, ultimately enabling their discharge to a lower-level of care. Our STP program offers an array of services, including Substance Abuse Treatment Education Program and Support (S.T.E.P.S.), individualized care plans and trauma-informed care groups by a Licensed Therapist.

