

special features

Behavior Management: Central to Crestwood's Neurobehavioral Program design, is the proactive engagement of residents by staff. The combination of a structured program and staff flexibility is essential to accommodate residents' behaviors. Crestwood's Neurobehavioral Program assists residents to maintain and enhance behavioral control and develop a sense of well-being through redirection, reassurance, reorientation, and a continuous recreation therapy program. Cognitive behavioral interventions, specifically designed to meet the needs of neurologically impaired residents, are developed as needed. Use of psychoactive medications and restraints is minimized by the active engagement of residents by staff.

Recreation Therapy: Crestwood's Neurobehavioral Program provides recreation therapy seven days a week that is specifically designed to meet the needs of residents with neurological disorders. Recreation therapists use local community resources extensively for supervised outings and activities (cinemas, restaurants, parks, and shops). This enhanced therapeutic milieu allows the program to maximize quality of life and provide residents with a sense of personal well-being and connection with those around them. Individualized activities provided by professionally-trained staff allow residents to participate despite cognitive deficits and is a central component of our behavior management strategy.

Meeting Residents' Unique Needs: The medical, emotional, social and behavioral needs of each resident are monitored continuously by a physician-led interdisciplinary team. Medical Director, Psychiatrist, nursing, social services, recreation therapy, and rehabilitation staff all provide input to developing an individualized plan of care.

services

- › Individual care plan development and implementation designed to help residents achieve behavioral regulation.
- › Twenty-four-hour skilled nursing care.
- › Interdisciplinary team led program with a designated staff.
- › Medical Director, Psychiatrist and medical consultation as needed.
- › Occupational therapy.
- › High staff-to-resident ratio.
- › Designed therapeutic milieu with continuous staff support and engagements of residents.
- › Locked facility.
- › Large self-contained program space with access to patio.
- › Nutrition services and consultation.

Crestwood Treatment Center

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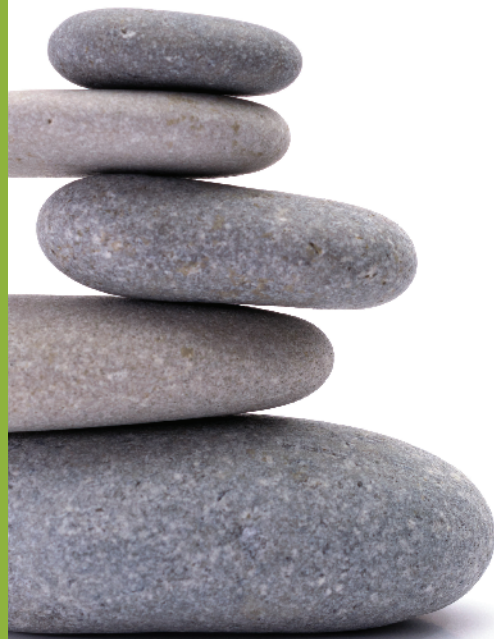
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Crestwood Treatment Center Fremont



Crestwood Behavioral Health, Inc.
has been providing neurobehavioral
services in Fremont since 2000.

Our mission is to engage residents with individualized strength-based treatment that is sensitive to their unique historical, cultural, and behavioral profile within a compassionate environment that promotes wellness, community, meaningful participation, personal empowerment, and a positive sense of self.



programs



Skilled Nursing Facility /
Neurobehavioral Program
(SNF)

Crestwood’s Neurobehavioral Program provides specialized long-term services for individuals with dementia or a related diagnosis. Such individuals often have a combination of psychiatric and dementia-related behaviors and have been difficult to place in a nonspecialized Skilled Nursing Facility (SNF). In addition, the program can accommodate individuals who have psychiatric disorders and who also require skilled nursing care due to a concurrent medical condition.

Admissions to Crestwood’s neurobehavioral programs are overseen by Dr. Gordon Muir Giles, who was a senior occupational therapist at the first behavior disorder program for brain-injured people in the world. An internationally-recognized expert in the field, Dr. Giles developed the first neurobehavioral program in California and his work has served as a model for subsequent California programs.

