

special features

- › 24-hour nursing supervision and care.
- › 24-hour psychiatric and mental health consultation.
- › Staff trained in treatment of significant and long-term mental health issues.
- › Individual therapy with a licensed clinician.
- › Integrated treatment planning process.
- › Dialectical Behavior Therapy (DBT) – individual and team approach.
- › Wellness Recovery Action Plan (WRAP).
- › Psycho-educational groups, individual counseling and support.
- › Independent living skills training.
- › Dual-recovery training and support.
- › Motivational strategies to engage and continue engagement for this population.
- › Care and education for medical complexities not requiring skilled nursing.
- › Linkage to community supports.
- › Individualized recovery plans to achieve personal goals.
- › Wellness and fitness support.
- › Nutritional education, counseling and support.
- › Yoga, meditation and support for a spirituality path.
- › Zumba.
- › Peer support.
- › Dreamcatchers Empowerment Network vocational services as needed.
- › Meditation groups.
- › Family support.
- › Discharge and transition planning to create and support movement as possible.

accreditation

Kingsburg Healing Center is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), which provides international standards for rehabilitation organizations to follow that promotes the quality, value and optimal outcomes of services. Crestwood believes this accreditation demonstrates our unwavering commitment to achieving and maintaining the highest level of care and rehabilitation.



Crestwood Kingsburg Healing Center

1200 Smith Street
Kingsburg, CA 93631
559.238.6981

Crestwood Behavioral Health, Inc.

520 Capitol Mall, Suite 800
Sacramento, CA 95814
916.471.CBHI (2244)

Visit us online:

crestwoodbehavioralhealth.com
facebook.com/crestwoodbehavioralhealth

Crestwood Kingsburg Healing Center



Crestwood Behavioral Health, Inc. complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

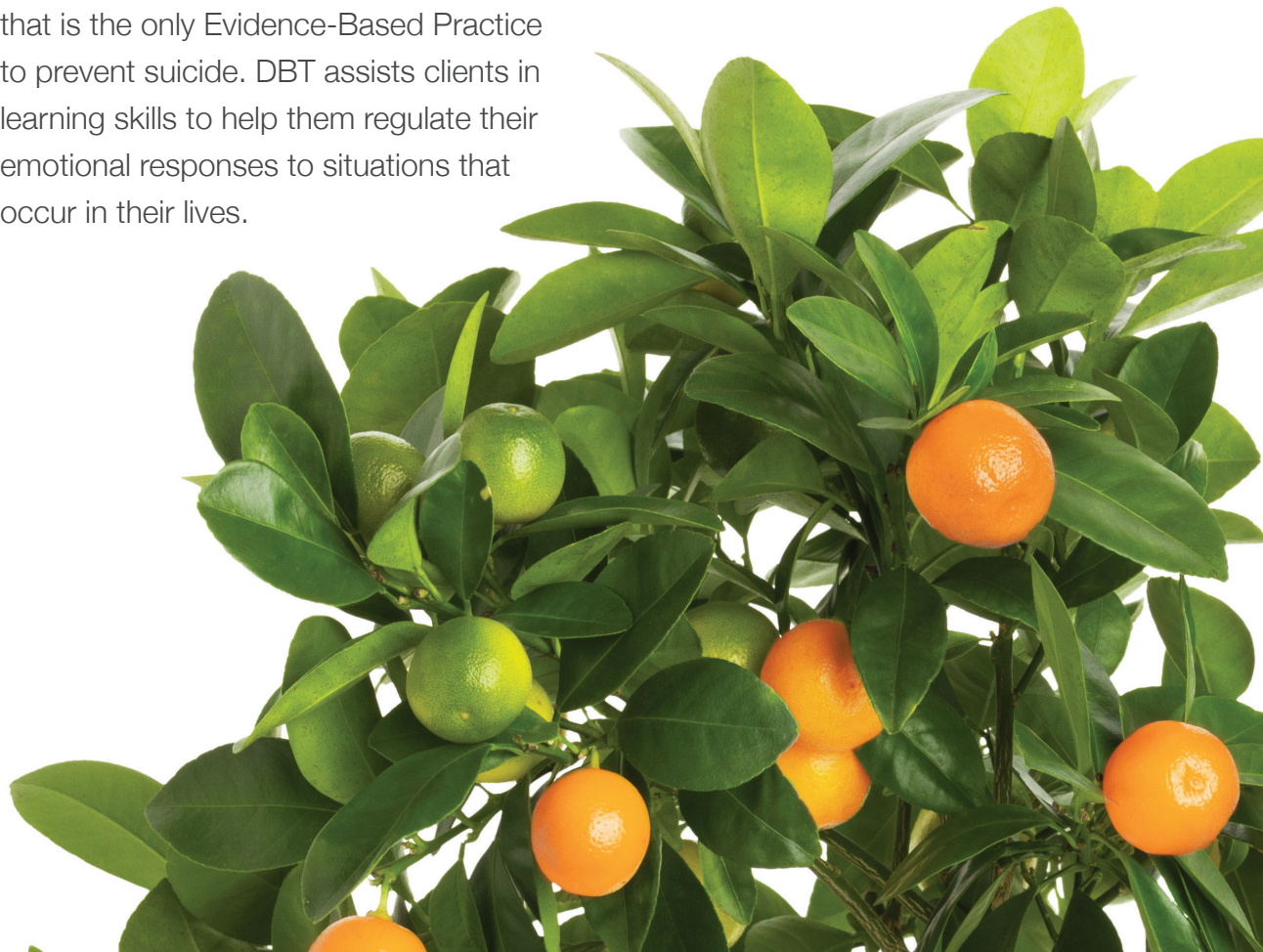
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Crestwood's Kingsburg Healing Center is a Mental Health Rehabilitation Center (MHRC)

located in Fresno County, in the city of Kingsburg, which is known as the Central California's Swedish Village. The campus' innovative programs are based on Crestwood's commitment to providing mental health clients a continuum of care that puts them on the road to recovery. Kingsburg Healing Center's clients participate in Dialectical Behavior Therapy (DBT), a modified cognitive-behavioral treatment that is the only Evidence-Based Practice to prevent suicide. DBT assists clients in learning skills to help them regulate their emotional responses to situations that occur in their lives.

Clients also create and maintain a Wellness Recovery Action Plan (WRAP). WRAP is a self-help, recovery treatment system designed to decrease symptoms, increase personal responsibility and improve quality of life. The campus also provides a versatile array of classes for clients to participate in during their recovery program, and encourages active participation in treatment planning from the moment of admission.



programs



**Kingsburg
Healing Center
MHRC**

Our services at the Kingsburg Healing Center supports each client to recover with an enhanced sense of resilience, accessing a wide range of wellness tools and staff support. The mission of this program is to restore a sense of hope, empowerment, community/natural support inclusion, and realized potential in each client, as well as psychiatric stabilization.

At the Kingsburg Healing Center, community integration and dual recovery are key tenets. Community reintegration is designed for those clients who need help developing some of the basic life skills that will assist them when returning to their communities. We accomplish this through classes, therapy, community service and peer mentorship. Many clients participate in our Dreamcatchers Empowerment Network pre-employment training. This training enables clients to become Dreamcatcher employees and helps provide them with meaningful roles and services to the community.

