

special features

- › 24-hour nursing supervision and care.
- › 24-hour psychiatric and mental health consultation.
- › Staff trained in treatment of significant and long-term mental health issues.
- › Individual therapy with a licensed clinician.
- › Integrated treatment planning process.
- › Dialectical Behavior Therapy (DBT)—individual and team approach.
- › Wellness Recovery Action Plan (WRAP).
- › Certified Peer Providers.
- › Dreamcatchers Empowerment Network’s vocational services as needed.
- › Psycho-educational groups, individual counseling and support.
- › Independent living skills training.
- › Dual-recovery training and support.
- › Motivational strategies to engage and continue engagement for this population.
- › Care and education for medical complexities not requiring skilled nursing.
- › Linkage to community supports.
- › Individualized recovery plans to achieve personal goals.
- › Wellness and fitness support.
- › Heart Healthy Diets.
- › Nutritional education, counseling and support.
- › Yoga, meditation and support for a spirituality path.
- › Supported Education Horticulture Program at Solano Community College
- › Family support.
- › Discharge and transition planning to create and support movement as possible.

accreditation

Crestwood Behavioral Health Center Solano is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). This accreditation requires a higher standard of care than the licensing standards in California. Crestwood believes this accreditation demonstrates our unwavering commitment to achieving and maintaining the highest level of care and rehabilitation.



Crestwood Solano

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Crestwood Behavioral Health, Inc. complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-873-6239.

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-844-873-6239。

Crestwood Solano



Crestwood Behavioral Health Inc.

has been providing residential mental health recovery services in Solano County since 1978. Crestwood Behavioral Health Center Solano's Our House and Psychiatric Health Facility, are innovative programs based on Crestwood's commitment to providing mental health clients a continuum of care that puts them on the road to recovery. Crestwood Behavioral Health Center Solano's clients participate in Dialectical Behavior Therapy (DBT), and Wellness Recovery Action Plan (WRAP) treatment model, a self-help recovery system designed to decrease symptoms, increase personal responsibility, and improve the quality of life.



programs



Our House Adult Residential Facility

Our House is designed to work in partnership with clients who are active and committed to their mental health recovery. An emphasis is placed on community integration. The philosophy at Our House is that recovery is possible for everyone and being in the presence of someone with the belief that one can recover will have a positive impact on the negative aspects of mental health issues.

Our House clients are invited to participate in our prevocational program that places individuals in various positions around the facility as "trainees" to help them develop positive work habits. Based on their interests, clients are welcome to contribute to housing, the business office, maintenance/gardening, dietary programs and recreational programs.



Psychiatric Health Facility (PHF)

Crestwood Solano's Psychiatric Health Facility (PHF) provides an alternative to traditional psychiatric care through collaboration, empowerment, a healing environment, peer providers, family partners, and a recovery-oriented milieu. The PHF provides the structure and support needed to promote stabilization and foster recovery. This program serves clients who are experiencing a psychiatric crisis of such magnitude that it is unmanageable in the community. Our goals are to restore a sense of hope, self-empowerment and realized potential of recovery in each of our clients and to provide a transition plan to enable a successful return to their community.

