## special features

- Transportation Services
- Comprehensive Wound Care Team with Skilled Wound Care Physician Guidance
- Respite & Hospice care with a dedicated Hospice RN coordinator
- Effective Quality Assurance (QAPI) directed by a dedicated RN.
- Psychiatrist—Onsite Weekly

#### **Comprehensive Programming**

- Occupational Therapist driven therapeutic activities program
- Multiple levels of activities done daily by dedicated staff/OT \_\_\_\_\_\_
- PTSD, Trauma-Informed Care

# Extensive Social Service Personnel dedicated to each unit

- Staff Support Group
- Case Management
- Discharge Planning

#### Therapeutic Gardens—Cypress, Rose, Healing, Vegetable Garden

- Rehab without walls—Multilevel Grading/Gardening Platform
- Specialized Gardening Staff—Individualized gardening groups & special groups

## rehabilitation services

**Physical Therapy:** Combined electromagnetic and mechanical modalities, specialized post joint replacement care, stroke rehabilitation, fall prevention, arthritis treatment, and more.

**Occupational Therapy:** Activities of daily living retraining, splinting, home management preparation, safety awareness instruction and energy conservation techniques.

**Speech Therapy:** Focus on communication, cognition, and swallowing issues due to stroke, head injury or disease processes.





## HELIOS HEALTHCARE, LLC.



Idylwood Care Center 1002 W. Fremont Ave. Sunnyvale, CA 94087 408.739.2383

## **Crestwood Behavioral Health, Inc.**

520 Capitol Mall, Suite 800 Sacramento, CA 95814 916.471.CBHI (2244)

## Visit us online:

crestwoodbehavioralhealth.com facebook.com/crestwoodbehavioralhealth

Crestwood Behavioral Health, Inc. complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-873-6239.

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-844-873-6239.

## Idylwood Care Center







At Idylwood Care Center and the Gardens at Idylwood, we believe that individuals have the right to become an expert in managing their own care. We also know that individuals are unique, whole, and interdependent with their environments, and they can achieve their maximum independence when they are full participants in managing their own lives. Wellness is achieved by ensuring the health, happiness, and well-being of the people who live and work at Idylwood.

Our primary goal is creating an environment where people can progressively move towards their potential in physical, mental, and spiritual health. Idylwood is a place where people are actively involved in making choices regarding healthier and more meaningful lives. Our mission is to give people a reason to get up in the morning.

#### programs



Idylwood Care Center SNF Neurobehavioral Program

The "Courtyard at Idylwood" is a 106-bed skilled nursing facility providing services for individuals with a combination of medical and behavioral needs. Services focus on skilled nursing, along with specific clinical programming addressing behavioral needs.

Traditional skilled nursing facilities are often not able to address the complex needs of this population, which results in medical and psychiatric deterioration, acute hospitalizations, and negative outcomes. In contrast, Idylwood Care Center provides services designed to reduce the utilization of acute beds by stabilizing both behavioral and medical symptoms. We provide residents with a break from adverse living circumstances and the necessary support and resources for potential discharge to lower-levels of care. Our goal is to provide individualized resident services and the highest quality care available.



The Gardens at Idylwood Skilled Nursing & Rehab Services SNF Neurobehavioral Programs

The Gardens at Idylwood provides short-term rehabilitation as well as extended stay services. We are dedicated to creating an environment where people can progressively move towards their potential in physical, mental, and spiritual health.

The Gardens at Idylwood's campus features three large outdoor patios with comfortable, shaded sitting, dining, and recreation areas. For many residents who enjoy gardening, we have also constructed a wheelchair-accessible garden with elevated planters to encourage those with a green thumb to participate. We have a homelike dining room with residential kitchen equipment for residents to enjoy informal socializing or structured cooking activities and groups lead by our staff chef.